

BROWNIE GIRL SCOUTS THROUGH THE YEARS

Try-It

Complete four activities. Select one activity from each category.

DISCOVER - Activities 1 & 2

ACTIVITY #1

Brownie snacks through the decades - try one or some!

1927 Scouting for Girls

Apple Betty - prepare well sweetened apple sauce and thin slices of lightly buttered bread cut in small triangles. Fill a shallow baking dish with alternate layers of apple sauce and toast, beginning with the apple sauce and ending with the toast. Sprinkle lightly with sugar and cinnamon and heat in the oven. Serve with cream

1933 Girl Scout Handbook

Fruit Punch - 1 cup freshly made tea, 2 cups sugar, 1 cup water, 6 lemons, 6 oranges, 1 can grated pineapple, 2 sprigs mint, 2 quarts water

Make a syrup of the two cups of sugar and one cup of water. Add it to the tea and add the remaining ingredients. Pour the punch over a block of ice in the punch bowl or if ice is not obtainable. Wrap a wet towel around the pitcher containing the punch and let it stand in an open window, Keep the towel wet until the punch is ready to be served.

1946 Cooking Out of Doors

Walking Salad - 1 apple per girl, 2 cups cottage cheese, $\frac{1}{2}$ cup raisins, $\frac{1}{2}$ cup walnuts
2 tablespoons mayonnaise

Cut the tops off the apples and core them, leaving the bottom skin over the hole.

Scoop out the inside of apples and chop this in with the cheese, raisins and nuts.

Mix with mayonnaise. Stuff the mixture into the apple shells and put the tops back on. This salad is called a walking salad because it can be eaten while hiking.

1951 Brownie Scout Handbook

Mock Angel Food Cake - Learn how to use a recipe in a cookbook. Needed:

1 loaf day old bread (unsliced), 1 can condensed milk, 1 package shredded coconut

Trim all crust from loaf and divide loaf into twelve pieces. Dip each piece of bread in condensed milk until well covered, and then roll it in shredded coconut.

Toast on end of stick until golden brown. May also be cooked in the oven

1961 American Girl Cookbook

Banana Milk Shake - ingredients: 1 fully ripe banana, 1 cup cold milk, 3 tablespoons ice cream

Slice banana into a bowl. Beat with rotary (or hand) beater until smooth and creamy. Add milk and ice-cream and blend well. Pour into a cold glass. Serve immediately. This recipe makes enough from 1 large or 2 medium sized drinks.

1977 Worlds to Explore Handbook for Brownie and Junior Girl Scouts

Breads of the World - Have you ever noticed the many kinds of bread in a market? Have a Bread party and taste many different kinds of bread from many different countries. Here are a few you may want to chose from: Nan, Limpa, Ddeg, Chambique; Colusa; Lavash; Chapatti; Sourdough; Oatcakes.

1980 More Abouts for Brownie Girl Scout Leaders

Granola - You need: 3 cups rolled oats, 1 cup shredded coconut, $\frac{3}{4}$ cup wheat germ, $\frac{3}{4}$ cup chopped nuts, $\frac{1}{2}$ cup sunflower seeds, $\frac{1}{3}$ cup cooking oil, $\frac{1}{3}$ cup honey, $\frac{1}{2}$ teaspoon vanilla, $\frac{1}{2}$ teaspoon salt

Combine ingredients and stir. Spread in a 13x9x2 pan. Bake until crunchy

1993 Brownie Girl Scout Handbook

Yogurt - Try making some new flavors of yogurt. Get some plain low-fat or no-fat yogurt. Then, set out small bowls of different toppings. Crunchy cereal, strawberries, bananas, peanut butter, blueberries, apple slices, nuts, honey, and other fruits. Have fun eating your unique dessert.

2000 Brownie Girl Scout Handbook

Fruit Salad - Take different types of fruit and cut them up into little pieces. Place all the fruit in a large bowl. Mix up the fruit. Serve the fruit in small cups with whipped topping.

ACTIVITY #2

Brownie Uniforms through the years - trace the pattern found at the end of this packet onto stiff paper or cardboard. Then trace the uniforms from the different decades, color them and dress your paper doll in an historic uniform.

OR

Contact the GSRI Troop Services clerk and make arrangements to borrow some of the many Girl Scout historic uniforms. Have a fashion show, a party, or just have fun dressing in these old uniforms!

CONNECT: Activities 3 & 4

ACTIVITY #3

Brownies entertainment from the past.

Have a Movie "meeting". Get some popcorn, juice and put the movie on! Here are some older movies that girls might enjoy.

The Forty's - 1940 Pinocchio, 1941 Dumbo, 1946 It's a Wonderful Life, 1949 The Adventures of Ichabod, and Mr. Toad

The Fifty's - Cinderella, 1951 The Painted Hills, 1953 Peter Pan, 1955 The Littlest Outlaw, 1957 Old Yeller, 1959 The Shaggy Dog

The Sixty's - The Absent-Minded Professor, 1962 Mr. Magoo's Christmas Carol, 1964 The Incredible Mr. Limpet, 1964 Mary Poppins, 1969 The Love Bug

The Seventy's - The Aristocats, 1972 Sounder, 1973 Charlotte's Web, 1974 Benji, 1975 The Secret Garden, 1978 Matilda

The Eighty's - The Fox and the Hound, 1982 E. T. the Extra-Terrestrial, 1986 An American Tail, 1988 The Land Before Time, 1989 The Adventures of Milo and Otis, 1989 The Little Mermaid

The Ninety's - The Rescuers Down Under, 1991 Beauty and the Beast, 1992 Aladdin, 1993 Free Willy, 1995 Toy Story, 1998 Madeline

Two Thousand's - Harry Potter and the Sorcerer's Stone, 2001 Monsters, Inc., 2002 Lilo & Stitch, 2002 The Rookie, 2003 Eloise at the Plaza, 2005 Felicity: An American Girl Adventure, 2007 Ratatouille

ACTIVITY #4

Brownie & Girl Scout Promise through the years - learn the different forms of the Girl Scout Promise. You can use them during a ceremony about Girl Scouts from the past. What is different about each promise? Why?

1913 - 1926

Each girl must promise on her honor to try to do three things:

1. To do your duty to God and to your country
2. to help other people at all times
3. to obey the Laws of the Scouts.

1927 - 1971 -

On my honor I will try;
To do my duty to god and my country,
The help other people at all times
To obey the Girl Scout laws.

1950 - 1971 Brownie Promise

I promise to do my best to love *God* and my country, to help other people every day, especially those at home.

1972 - 1979

On my honor, I will try:
To serve *God*,
My country and mankind,
And to live by the *Girl Scout Law*.

1980 - to present

On my honor, I will try:
To serve *God* and my country,
To help people at all times,
And to live by the *Girl Scout Law*.

TAKE ACTION: - Activities 5 & 6

ACTIVITY #5

Crafts through the years

1934 - Make an apron that you can wear while cooking, or make some article for your home.

1940 - Select a poem or story and illustrate it with a least two drawings or paintings.

1950 - Plan and have a storybook party. Dress as your favorite storybook character. 1950 Brownie Scout Handbook

1963 - Paint with a big brush on big paper. Make big swinging lines and shapes. Paint as big as your paper will let you paint. Use bright colors. Mix red, yellow, and blue paint in a dish. Add white paint, what happens. Use these colors. Stop when your paper is beautifully filled.

1977 - A mosaic is a picture made from small pieces of colored clay or stone. With simple inexpensive materials you can make a mosaic. You'll need; A piece of heavy cardboard cut to the size you want your mosaic to be. Small smooth stones, beads, seeds, beans, or used matchsticks. And a strong white glue. Arrange your objects on the cardboard until you see what you like. Spread glue on a small section and glue part of your design there. Then work on another small section. Continue until your mosaic is done.

1986 - Have a cloud watch. Look for clouds of different shapes and colors. Then make cloud pictures with cotton glued to paper. Imagine the shapes of animals or other things you see when you look at clouds.

1993 - Make Your Own Jig Saw puzzle. You will need: scissors, heavy paper, glue, newspaper or wax paper, books or heavy things, a pen, picture from a magazine that you like. An envelope. Spread a thin coat of glue on the heavy paper. Put your picture on the gluey paper and press smooth. Cover the picture with wax paper or

newspaper and lay the books or heavy things on top. Let the paper dry for one day or more. Trim the edges even. Draw four or five lines over the back of your paper. Cut the paper apart on these lines. Store the pieces in the envelope. Have fun putting it together again and again.

2000 - Make a Me & My Family album. You can use words, pictures from magazines, drawings and photographs. Include things that are important to you and your family members. Like: Sayings, dates such as birthdays, anniversaries or the day you got your first pet. Meals & recipes, events like soccer games, ballet recitals, or a Brownie Girl Scout ceremony, favorite movies or videos, favorite songs or religious practices.

ACTIVITY #6

Service Through The Years

1933 - Give service to your community - Natural resources need to be protected by every citizen. In this work you as a Girl Scout can help. You can feed the birds in the city and country. Make bird feeders (pine cones covered with peanut butter are easy) and hang them throughout you community.

1940 - As a citizen of your community what can you do to make it better? Do one thing to make your home or yard or your meeting place more attractive. Explain how what you have done improved the beauty of your community.

1950 - Brownies can be good citizens by practicing health and safety rules at troop meetings and all the time. Make a list of important telephone numbers, such as the fire department, the doctor, the gas company and others. Bring one home to post by your telephone and make one for your troop meeting place.

1963 - Every Brownie Girl Scout promises to "help other people, especially those at home". You begin by helping those at home by listening when grownups speak to you. Here is a game to play to test your listening skills.

Message Game

If someone tells you something, can you tell it to someone else without getting it all mixed up? Let's see. Form two teams with equal number of members. Each team lines up with about 6 feet between each Brownie. The first person (captain) in each line comes to the leader to hear the secret message. Then each "captain" whispers the message to the first girl in her line. That girl whispers it to the next, and so on. The last girl in line brings the message back to the leader. If a word is wrong, her captain must start giving the message again. The first team that brings the correct message to the leader wins.

1977 - Be a ready helper. A ready helper is someone who helps cheerfully. Make calendars with cheerful pictures. Give them to Meals on Wheels or visiting nurse service so they can be left with sick people who may need cheering up.

1986 - A Girl Scout serves her country in many ways, including the following; saying the Pledge of Allegiance, and taking part in a flag ceremony. Hold a flag ceremony in your troop/group. Make a collage that shows something interesting about your country, the USA.

1993 - A service project is a task or plan for helping other people, improving the community, improving the world beyond the community. Using old magazines design a collage of people doing service. What can you do to help other people?

2000 - Girl Scouts is an important part of the community. A Girl Scout service project helps the people in the community in some way. You can help the local animal shelter by collecting canned cat and dog food, old towels and blankets, and pet toys.