

DAISY ACTIVITIES

Many of the activities listed below can be used toward the lime green ZINNI PETAL.

Openings:

Read one of the stories below:

Excuse Me! By Karen Hatz
Clifford's Manners,
Berenstain Bears Forget Their Manners,
Dora's Book of Manners,
Barney's Best Manners DVD
Zinni's Story – Daisy Girls Guide to Girl Scouting

Sing one of the songs from the listing below:

Are You Quite Polite? Silly Dilly Manners Songs by Alan Katz

TABLE MANNERS

(sung to: Frère Jacques)
chewing quietly, chewing quietly
do not slurp, do not slurp,
we must say excuse me,
we must say excuse me
when we burp,
when we burp.

TABLE MANNERS (poem)
the goops they lick their fingers,
the goops they lick their knives;
they spill their broth on the table cloth -
oh they lead disgusting lives!
the goops they chew while eating,
and loud and fast they chew;
that's why i'm glad i'm not a goop - are you?
By G. Burgess

FRIENDS

(Twinkle Twinkle tune)
We say, "Thank you. We say, "Please."
We don't interrupt, We don't tease.
We don't argue. We don't fuss.
We listen when folks talk to us.
We share our toys, we take our turn
Good manners are easy for us to learn.

HOW NICE I AM

(Sung to "How Dry I Am")
How nice I am; I've learned to be.
I raise my hand before I speak.
How nice I am; I've learned to be.
Sit in my chair most properly.
How nice I am; my best I do.
I use the words "please" and "thank you."
How nice I am; try to be kind.
I wait my turn and stay in line.
How nice I am; I've learned to be.
I say, "Sorry" and "Excuse me!"
How nice I am here at my school.
I try to live "The Golden Rule."



CRAFTS:

Make A Manners Book

Create the pages of the book by punching holes along one side of several pieces of construction paper and binding them with small pieces of yarn. Have the girls cut from magazines various situations involving manners. For example, you might have them cut out a picture of a child chewing their food with their mouth closed, writing a thank-you notes or helping carry grocery bags. Then write below the picture the manner that it shows. Decorate a cover and the girls have their own books.

Make a Placemat

Using an extra large sheet of construction paper for each girl. Tracing a plate, cup, silverware, napkin, etc. cut each item from colored paper. Girls will choose the preferred color of the placemat, plate, and utensils cut outs. Discuss where to glue each cut out on the mat (fork on the left - perhaps on a scrap of fabric glued down as a napkin, knife and spoon on the right). Search through food magazines for favorite foods to glue on the "plate". Laminate for durability.

Puppets

Puppets are a great way to teach manners. One puppet can be very polite and one puppet is very impolite. For example, you might have one puppet grab food from the second puppet, while the second puppet says, "That's not very nice. This is how you're supposed to act when you want something that I have: 'Can I please have some?'" Make the second puppet "teach" good manners to the first puppet. Puppets can be made from paper bags, old socks, craft sticks, etc.

GAMES:

Pass the Salt

Take an everyday object and have everyone sit in a circle. Have the child to the left of the person holding the object ask, "May I please have the object?" A child can only take the object after asking politely. Continue around the circle. Reverse and go in the opposite direction.

Mr. Manners Says

A variation on Simon Says, Mr. Manners states polite or impolite statements, along with the accompanying action. Children do the activity if it is polite, but stand still if it's an impolite statement. For example, the statement, "Mr. Manners says shake hands when you meet a new person," would result in the children holding out their hand to shake because it is a polite action. The statement, "Mr. Manners says tell Dad you hate the dinner he fixed," would have the kids standing still because it is not a polite action. Children mistakenly participating in an impolite action might sit out for a short time, and then rejoin the game

Shaking Hands

Wash your hands together. Pretend you are meeting one of the girls for the first time. Say: "Hello, Mary. How are you today?" Hold your hand out for her to shake. Instruct her to have a firm grasp, to look you in the eye and smile. She will turn to the girl next to her and repeat the action.

SNACKS:

Playing

Using play kitchen toys and foods practice table manners. Have the girls sit at a table as if they are eating at a fine restaurant. Share the pretend food and use good table manners as they "eat".

CLOSING:

Practice using polite ways to say "Good Bye". Pretend you are on the telephone, at the Mall, in a car, etc. Chose a different venue for each girl.

BROWNIE ACTIVITIES

OPENINGS:

Read one of the following books:

Tea for Ruby by Sarah Ferguson

Excuse Me! by Karen Hatz

Manners by Alik

What Do You Say, Dear? by Sesyle Joslin

Manners Can Be Fun by Munro Leaf

Emily's Everyday Manners by Peggy Post

Mary Louise Loses Her Manners by Diane Cuneo

Perfect Pigs by Marc Brown & Stephen Krensky

Please & Thank You Circle

As the girls stand in a circle, have them practice passing an object around the circle from girl to girl. As the girls pass the item they must use "please" and "thank you".

Watch a Movie about Manners

Look Mom! I Have Good Manners

Berenstain Bears - Bears Mind Their Manners

Barney - Best Manners

CRAFTS:

Happy Rocks

Make happy rocks about manners. Find small, light weight flat rocks (or buy rocks at a craft store or a home improvement store). Give each girl three rocks and have them paint the rocks. When the first coat of paint is dry paint one word on each rock. One rock can say "Share," while other rocks can display other happy words or manners such as "Love," "Thank You" or "Friends." Remind the girls to remember to share when they look at their special happy rocks.

Sharing Collage

A sharing collage might include pictures of the girls' friends and other objects that they might share, such as a teddy bear, candy cane, doll or puzzle. The girls can draw these pictures or cut out photos of objects from a magazine. Use sticker letters to spell the words "Share," "Care," "Love" and other sentiments.

Thank You Cards for Community Members

Who are people who help us in our community? The mail carriers, janitors and bus drivers are just a few. Have each girl make a thank-you card for at least one person. You can use old greeting cards, magazines, construction paper, etc. for ideas.

Troop Respect Collage

Girls can look through magazines for pictures that show people respecting others' differences or pictures of different kinds of people working or playing together. Create a troop "We Respect Differences" collage.

Respect

Cut a long strip of butcher paper 3 x 36" (or use adding machine tape). Roll each of the ends around a pencil and tape the ends to the pencil. Use crayons, colored pencils or ink pens to draw a scene of what respect looks and sounds like in action. Roll up your movie and be ready to share your story.

GAMES

Receiving Gifts

Wrap up different items, making sure some are outrageous. Take on the roles of givers and receivers and role play the rules for receiving gifts—what to say and what to do. What should you say when someone gives you a gift—even before you open it? What do you do if you don't like the gift? How can you tell someone "thank you" if they're not with you when you open the gift?

Meeting New People

Role play different introductions. Shake hands and make eye contact as they smile, say "hello," and pronounce their names clearly. What do you say when you are introduced to an adult?

SNACKS

Tiny Crackers

Ingredients: 3 varieties of tiny crackers (Ritz Bits, Goldfish, etc), small plates, napkins, small cups, drinking water.

Give each three different kinds of crackers. Tell them to taste a cracker. They may feel and smell it before deciding whether or not they wish to bite it. They do not have to taste any of the crackers if they do not wish to; however, they may not make any bad comments about the crackers. If they do not wish to taste a cracker, they should politely say, "No, thank you" or "I don't care to try it," and place it back on their plate. If they take a bite and do not care for the cracker, quietly remove the cracker from their mouth and put it into their napkin without making any bad comments about the taste. Pass one napkin and a plate with three crackers to each child. Pour a glass of water for each child. Begin with one type of cracker. Give each child time to taste the cracker or decide they do not wish to taste the cracker. Repeat this process with the other two crackers. Ask for a vote of the favorite cracker.

CLOSING:

Make a KINDNESS PLEDGE!

Ask what it means to be kind or to be a friend or to be nice. It is important to me that the words be theirs. Here is sample.

*Today I pledge to be kind,
to use the nicest words I can find.
Today I pledge to try to share,
to wait my turn and to be fair*

The Goops - By Gelett Burgess

*The Goops they lick their fingers,
And the Goops they lick their knives;
They spill their broth on the tablecloth --
Oh, they lead disgusting lives!
The Goops they talk while eating,
And loud and fast they chew;
And that is why I'm glad that I
Am not a Goop -- Are you?
The Goops are gluttonous and rude,
They gug and gumble with their food;
They throw their crumbs upon the floor,
And at dessert they tease for more.
They will not eat their soup and bread
but like to gobble sweets, instead,
And this is why I oft decline,
When I am asked to stay and dine!*



JUNIOR ACTIVITIES

OPENING:

Read one of the books below
Are You Quite Polite? Silly Dilly Manners Songs by Alan Katz
Tea for Ruby by Sarah Ferguson
Excuse Me! by Karen Hatz
Manners by Alik
Dude, That's Rude (Get Some Manners)
Tiffany's Table Manners for Teenagers by Walter Hoving
Smart Girl's Guide to Manners by Nancy Holyoke

Share - 10 Basic Manners

"Please" is always a great place to start

"Thank you" is expected.

Sharing is important. No one likes greedy.

Interrupting is rude.

Table manners never go out of style.

Sportsmanship is critical.

Always hold the door open for others, offer a seat to someone who may need it.

Let people off the elevator before entering.

Properly greet others.

CRAFTS

Bookmarks

Make bookmarks with the following quotations. You can use old wallpaper, construction paper, wrapping paper and then cover them with clear contact paper. Share them with your local senior center.

Etiquette...means behaving yourself a little better than is absolutely essential.

Will Cuppy, How to Be a Hermit, 1929

Life is not so short but that there is always time enough for courtesy.

Ralph Waldo Emerson, Letters and Social Aims

Politeness is the art of choosing among one's real thoughts.

Abel Stevens, Life of Mme. de Sta

Be not deceived: Evil communications corrupt good manners.

Personal Cloth Napkin

Using a plain napkin, embroider or paint with fabric paint, your initials or name in the corner of your napkin. After it is done, use it to practice the proper way to use a napkin.

*Your napkin should be located in one of three places: on your plate, to the left of your plate, or in a goblet. The napkin goes on your lap right after the hostess puts hewers on her lap. Your napkin stays on your lap all dinner. You wipe your hands with the napkin on your lap. If you need to wipe your face, bring the napkin to your face. It is also okay to wet the corner of your napkin to wipe off a spill on your clothes (didn't know that). Put your napkin on your chair when you get up from the table in the middle of dinner if you are coming back. At the end of the meal the napkin goes on the table to the right of your plate.

Bumper Sticker

Design a bumper sticker about respect. Include on the bumper sticker: the word Respect, a slogan for why you should use it and at least three words that describe it.

GAME

Role Playing Activities

What would be best to do in a given situation? Act it out.

1. Two children are sitting at a table coloring. One child needs a crayon that is out of his/her reach. It is within the reach of the other child. What should the first child say to the other child nearest the crayons?
2. The children are in line at the drinking fountain. Another child asks the second child in line to let him/her have "cuts" in line. What should that second child in line do?
3. The teacher is giving directions and one child in the class has a question to ask about the directions being given. What should that child do?
4. It's a cold day outside and one child has a sweater and a coat. Another child has no sweater or coat and is wearing a short-sleeved shirt. What should the first child do in this situation?
5. When using your cell phone, be considerate of your surroundings. Determine whether or not listening to a message can wait for a more appropriate time or place.
6. You are on your cell phone; a group of people are within hearing distance. What should you do?
7. You and a friend are at the movies. You have your cell phone with you. What should you do?

Television Manners

Watch a half hour TV show. Who was respectful or disrespectful, and why? Were manners used? Did the actors/actresses use bad manners? Share a discussion with your troop/group.

Practice Party

Throw a Practice Party – wear your best outfit! Throwing a tea party or a luncheon is an enriching activity for teaching manners. From start to finish, a party helps teach manners like sending formal invitations, dressing appropriately and properly greeting guests. Putting their napkins on their laps and waiting until everybody is served to eat. Pretend food and place settings work just as well real food.

Sportsmanship

Do at least one of the following two activities. Play a game with a group. Play a sports or athletic game with a group. You might even hold a tournament.

What should you do if someone breaks a rule or a referee makes what you think is a bad call? What sportsmanship rules, if any, did you change after talking to your helper? What examples of good sportsmanship did you observe? What examples of bad sportsmanship did you observe?

How does it make you feel when you cheer for someone? How does it feel when someone cheats or insults someone else? You've probably heard the expression, "It's not important whether you win or lose, but how you play the game." What does this saying mean to you?

SNACKS

Tea Party Sandwiches

Ingredients: 1 loaf sliced cinnamon raisin bread, cream cheese frosting (1/2 can), 8 ounces softened cream cheese, 1 cup grated carrots, 1/4 cup walnuts or pecans

Directions: Trim crusts off bread. Combine frosting, cream cheese, carrot and nuts. Spread filling evenly on bread, top with another slice of trimmed bread. Slice sandwiches into quarters, cut into shapes like long fingers, triangles squares, etc. Or use cookie cutters to make other fun shapes.

Chill for at least one hour before serving.

Cucumber Sandwiches

One of the classic tea sandwiches

Ingredients: 2 slices white bread, ends trimmed, 2 teaspoons unsalted butter, softened, 2 tablespoons whipped cream cheese, 4 1/4-inch slices of English cucumber, Pinch of salt

Directions: Spread butter on each slice of bread. Spread cream cheese on top of each buttered slice. Place cucumber slices on one slice of bread. Add a pinch of salt. Top with the other bread slice and press together. Make a diagonal cut across sandwich to make two triangle tea sandwiches.

CLOSING: