

## SUMMER OUDOOR FUN BADGES

### Outdoor Adventurer – Brownie

There are so many amazing adventures waiting outdoors for you! So hang on, jump in, and get ready to explore the great outdoors!

#### STEP 1: PLAY OUTDOORS IN A NEW WAY

Explore the Night! – After the sun sets, find out how the world outside changes. Grab a flashlight, team up with an adult, and go for a nighttime hike. It can be as short as around your own backyard! Search for nighttime critters. Listen for nighttime sounds. Find the Big Dipper in the sky. Enjoy

#### STEP 2: EXPLORE NATURE

Sky Watch – Learn about different clouds. Then go outside and look at the sky. What colors and shapes do you see? Are the clouds white or grey? Are they thick & fluffy? Draw a picture with at least five easy different kinds of clouds. Here are some fun ways to create clouds!

Ideas for cloud drawings:

cirrus clouds -chalk

stratus clouds - white paint

cumulus clouds - 1 part shaving cream, 1 part Elmer's glue

cumulonimbus - 1 part shaving cream, 1 part Elmer's glue +black paint

Puffy Clouds:

Ingredients: 3 parts shaving cream, 1 part glue, cloud stencil

Directions: Cut out cloud stencils. Mix up the goo in disposable bowl. Dab it with cotton balls (and fingers) onto blue card stock paper over the cloud stencils. You can also make free-hand clouds.

Cotton Ball Clouds:

With your Outdoor Adventurer Badge page 4, Clouds as a reference, make the different types of clouds out of cotton balls and glue them onto your blue cardstock paper. Stretch the cotton balls out to make long straight clouds that fill the sky, or pull off pieces of a cotton ball to make smaller balls of clouds or wispy clouds up high in the sky.

#### STEP 3 – BUDDY UP AND PLAY OUTDOOR GAMES

Sleeping Bag Rolling Relay Race – You will need two sleeping bags (or blankets folded in half)

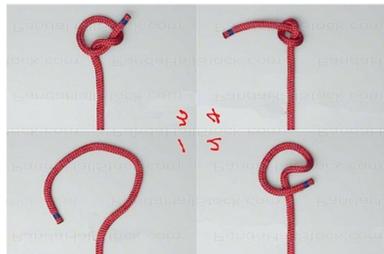
Divide your group into two teams. Each team needs one sleeping bag (or bedroll). Roll the bag.

Place the bag at the opposite end of the field/yard. Each team member runs up to the bag, unrolls it, crawls inside, crawls outside again, rolls the bag back up, and runs to tag the next player. The team that finishes first wins.

#### STEP 4 – LEARN A CAMP SKILL

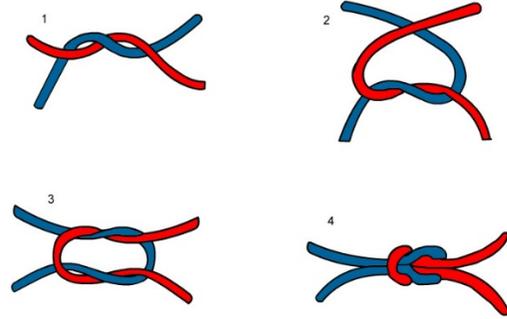
Tie an overhand knot and a square knot. Follow the steps below then tie something.

Overhand Knot:



1. Make a loop near the end of the rope
2. Pull the end through the loop
3. Pull, and you have it.

### Square Knot:



1. Hold one end of the rope in each hand. Cross the right end over the left end
2. Then under and over, this way. You now have a new left end
3. Put the left end over the right
4. And under into the loop. Pull tight!

### STEP 5 – CARE FOR THE OUTDOORS

Care for animals by building a bird feeder for your back yard.

What you'll need: A clean, empty 1 gallon paper milk carton – scissors, string, birdseed

How to make it: Cut a rectangle into one of the carton sides. (Leave about 2 inches on the top and bottom, and ½ inch on the sides). Poke a hole in the folded top of the milk carton, and thread the string through it. Fill the bottom of the carton with birdseed. Hang the carton by the string on a tree branch, porch, or other outdoor place.

